



### Easily pay for school meals online this year!

Create your free MySchoolBucks account to conveniently and securely add money to your student's meal account online or with the mobile app.

### With MySchoolBucks, you can:

- Add money to your student's meal account online or via the mobile app
- View meal purchases and check balances
- Receive low-balance alerts
- Set up automatic payments so you never forget lunch money again

### Getting Started is Easy:

- Visit [myschoolbucks.com](https://myschoolbucks.com) or download the mobile app
- Create your free account
- Add your student using their school name and student ID
- Fund the account using a credit/debit card or electronic check

*\*Note: Max of \$200 per student per transaction.  
There is a \$3.25 program fee per transaction.  
Option to add Family Pass for a yearly fee of \$75.*

Need Help? Visit [myschoolbucks.com](https://myschoolbucks.com) for helpful how-to videos and FAQs.

Or contact MySchoolBucks support:

📞 (855) 832-5226

## BE THE FIRST TO KNOW!

VIEW MENUS, HOURS OF  
OPERATION, LOAD MONEY ON TO  
YOUR STUDENTS ACCOUNT,  
CONTACT US AND MORE!



<https://tupelocps.campus-dining.com/>

## CONTACT

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2025–2026

# DINING GUIDE



Tupelo Christian  
Preparatory  
School



## DINING CONCEPTS

jump**start**

a delicious way to power up the day with breakfast sandwiches.

**classic**  
KITCHEN

features home-style cooking and traditional comfort foods.

 **flame**

enjoy hot-off-the-grill daily specials, hamburgers, chicken sandwiches and more.

sauce + **stone**

all your favorites – pizzas, pastas and more!

**greens** 

build your own salad with fresh greens, vegetables, toppings and dressings.

sweet**shop**

the perfect snack for your sweet tooth – scratch – made cookies, bars, brownies and more!

the**local**  
DELI

fresh sandwiches with deli meat, cheese and a variety of vegetables.

**Eagle Eats**





favorites like fresh noodle bowls, stir-fry, lemongrass chicken, curry and more!



 **BeWell**


**Stay fit. Stay focused. Choose BeWell.**

Our BeWell eating approach combines the latest in nutrition science and culinary trends to create a crave-worthy, nutritious menu choice. BeWell promotions, wellness education programs and partnerships make it easy to choose well.

<p>BeWell recipes must meet three out of the following five categories:</p> <ul style="list-style-type: none"> <li>Contain a plant-based, whole food(s)</li> <li>Contain a healthy fat(s)</li> <li>Contain a lean protein or plant-based protein</li> <li>Have limited added sugar</li> <li>Contain a high fiber food or a probiotic food</li> </ul>	<p>Our BeWell recipes will always:</p> <ul style="list-style-type: none"> <li> Be trans-fat free</li> <li> Use minimally-processed ingredients</li> <li> Be mindful of added sodium and portion size</li> </ul> <p><b>How do I find a BeWell option?</b></p> <ul style="list-style-type: none"> <li> Look for the blueberry icon on the menu or at point-of-service.</li> </ul>
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ASK  **DIETITIAN**

Our interactive, online menu shows nutrition and allergen information for each day's offerings, allowing for easy customization of menus.

Filter menu items by dietary preference or allergens for an easy search. Select the  icon to view the nutrition facts panel and ingredient list of each menu item.

*Reach out*

to a registered dietitian for more information.



## HOURS OF OPERATION

### MONDAY-FRIDAY

**Breakfast:** 7:15 AM–8:00 AM

**Lunch:** 11:00 AM – 1:00 PM

**Afterschool Snacks:** 3:15 PM-3:45 PM

### UPPER SCHOOL ESPRESSO CART

**MONDAY-FRIDAY**

10:00 AM - 1:00 PM